

COUNSELING CENTER INTERNSHIP APPLICATION

Complete this application and return it to the Assistant Director for Training, Dr. Paula Gilroy, Room 103 Student Health Center. Please attach a copy of your resume and a transcript. You are required to submit a ten to fifteen minute recording that demonstrates your counseling skills. You may select a recording from Practicum or make a recording using a role play. In addition, please submit names and phone numbers of two references we can contact.

Name _____ Student # _____ Date _____

Address _____ Phone _____

E-mail Address _____

Major & Degree Program at UNI _____

Total graduate semester hours completed at UNI before internship starts _____

Date graduate work began at UNI _____

Expected graduation date _____

Previous Education:

Institution	Dates Attended	Major	Degree	Date
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Practicum Experience:

Location: _____

Direct Client Contact Hours: _____

Please write an explanation of your reason for choosing the above internship.
(Feel free to type your responses on a separate page and attach to the application.)

Please indicate how this internship will be helpful to you in achieving your future goals.

Describe your theoretical orientation.

What do you believe are your clinical strengths at this point in time?

What do you believe are your personal strengths?

What do you believe are your clinical weaknesses at this point in time?

Describe what you think would be the most effective type of supervision for you (e.g., live supervision, tape review, co-counseling, discussion, etc.).

What type of job would you like to obtain following graduation?

Please respond to one of the following scenarios

Leroy is a 20 year old transfer student from the University of Iowa. He moved to an apartment in Cedar Falls at the beginning of the academic year. Leroy indicated during the initial assessment that he has been struggling to make social connections in the community. He reported he is experiencing suicidal ideation since transferring to UNI, but denied suicidal plan and intent at the time. He reported reduced motivation and ability to focus. He indicated feeling drained most days of the week. He reported he is having difficulty prioritizing meals throughout the day; he said he doesn't always feel worth the cost of a healthy meal.

Stephen is a freshman at UNI. He reported he was raised in a Mormon Church and is excited to be away from family for the first time to explore his identity. He indicated he is dissatisfied with his body (size and weight). He said everyone tells him he looks good, but he struggles to see what they see when he looks in the mirror. He reported coming to the counseling center to explore concerns related to pressure in his chest, sweatiness, and headaches. He stated he is questioning his relationship with God, his family, past friends, and himself.

What more would you like to learn about Leroy/Stephen in order to conceptualize the case?

List several hypotheses about Leroy/Stephen.

Give your diagnostic impressions.